

Accessing Eldercare in Hickory

Important Terminology

Independent living: A facility in which residents are housed in a private room or suite, meals are served in a central dining room, and light housekeeping is done on a weekly basis. (Residents may be expected to do their own laundry in on-site laundry rooms.) No other services are provided to assist residents who face health and/or mobility challenges unless they are arranged with a private caregiver or home health agency. Any extra services will usually be paid for out-of-pocket by the resident or his or her family.

Assisted living: A facility in which residents may be housed in either semi-private or private rooms or suites. Assistance is given by onsite staff caregivers for administering medications, bathing, dressing, hygiene, laundry, daily housekeeping, etc. Generally registered and/or licensed practical nurses are on staff as well. Usually residents come to a central dining room for meals. In some facilities care services are all-inclusive with the basic monthly room fee while in others services are charged on an a la carte basis, so that the resident pays for only the services that he or she needs.

Skilled care: A facility in which residents are in very poor health and/or have severe mobility issues, often referred to as a nursing home. Residents require a high level of care from trained staff. Communities are served by physicians and registered nurses as well as trained caregivers.

Memory care: A specialized section of a facility devoted to residents who suffer from Alzheimer's or dementia. These facilities have controlled access to prevent residents from wandering away accidentally.

Medicaid

An applicant's eligibility for Medicaid assistance at the assisted living, skilled, or memory care stages will be based on the monthly benefit that he or she receives from Social Security. The Department of Social Services (located behind Catawba Valley Medical Center; 828-695-5692; Teresa Worley 828-695-4855) can assist with the application process or answer questions regarding eligibility requirements. The admissions coordinator of any of the facilities listed should be able to answer eligibility questions as well.

Veterans Aid and Attendance Benefits

Veterans or their surviving spouses are eligible for benefits from the Veterans Administration through a program called Aid and Attendance. These benefits are accessed by an applicant's physician filling out a short form that states that the applicant needs some assistance with the activities of daily living and are available to eligible applicants **even at the independent living stage**. www.veteranaid.org/aid-and-attendance-eligibility.php

Facilities (listed in alphabetical order)

Brookdale Falling Creek: assisted living. Private rooms (some with kitchenettes) and privacy suites (can be two residents each with their own bedroom who share a bathroom and sitting area or one resident with the entire suite) A la carte pricing for care services. 910 29th Avenue NE, Hickory 28601 Office: 328-6090. Melissa Mooney, Sales Manager. (828) 238-7889. mmooney1@brookdale.com

Brookdale Northeast: assisted living. Semi-private and private rooms. A la carte pricing for care services. 2530 16th St NE, Hickory 28601 Office: 324-5400. Mr. Kim Harris, Executive Director. (828) 455-9057. kharris18@brookdale.com

Kingston: assisted living. Several different private room and private suite floorplans, some with kitchenettes. Three levels of pricing for care services. 904 Second Street NE Hickory, 28601. Office: 327-9955. Mollie Dula, Marketing Director. (828) 228-6839. mmulero@kingstonhealthcare.com

Pinecrest: independent living. Several different private room and private suite floorplans, all with kitchenettes. No services other than daily meals and weekly housekeeping. **When a resident begins to need care services, inquire in the office. Care can be contracted through several different home health agencies that serve the community.** 915 29th Ave. NE Hickory, 28601. Office: 828-325-4795. www.holidaytouch.com/ourcommunities/pinecrest

Springs of Catawba: assisted living and memory care. Semi-private and private rooms and privacy suites. (See description—Brookdale Falling Creek.) Cost of care services is all-inclusive with monthly room fee. \$1,500 one-time non-refundable community fee. 2010 29th Ave. Dr. NE Hickory, 28601. Office 326-7200. Paige Garner, Sales Director. (704) 261-2493. spri.mkt@affinitylivinggroup.com

Trinity Ridge: skilled care, memory care, and rehabilitation. Private and semi-private rooms. Accepts Medicaid. 2140 Medical Park Drive Hickory, 28602. Office: 828-322-6995. Rhonda White, Director of Admissions. rwhite@trinityridge.net

Trinity Village: assisted living, skilled care, and memory care. Private and semi-private rooms. Accepts Medicaid. 1265 21st St. NE Hickory, 28601. Office: 328-2006. Trina Ferrell, Director of Admissions. 828-446-8810. tferrell@trinityvillage.net